**HARRY MILLER MIDDLE SCHOOL**

**ANNOUNCEMENT FORM**

**Today’s Date**: **Monday September 17, 2018**

**Today’s ‘Pat on the Back’ goes to Mitch Furrow, Congratulations Mitch, please come to the office at break time to get your Dairy Queen coupon!**

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**Administration: Mme McCrea:**

Today we begin a new schedule for many staff and students. Students should all have their new schedule, but may need help getting to their new classrooms! Available staff, please be in the hallways during transition times assisting students. Thank you!

Today there will be Art and Music Club at 12:20.

**Teacher: Mrs. Hatfield:**

Interested in learning more about mindfulness? Come to portable 1 at 12:20 and join Mrs. Hatfield in learning some tips and tricks to enhance your mindfulness.

**Teacher: Mrs. Throop:**

The Varsity Boys soccer team has been chosen and the list is posted on the sports board. You will practice Monday, Tuesday and Wednesday this week from 3:15-5pm on the Arthur Miller Upper field.

The varsity Girls practice today on the upper field from 3:15-5pm.

JV boys Soccer tryouts will begin tomorrow afterschool. The sign-up sheet will be posted by break time.

Hats off to the 4 Cross Country runners who represented Harry Miller at the Hampton Middle Cross Country meet. The results were:

Grade 6 girls
Kaitlyn 8’th
Lauren 12’th

Grade 7 girls
Hannah 1’st

Grade 8 girls
Marin 1st

Intramurals today are for grade 7. You will be playing soccer. You must have eaten your lunch before participating.

As a reminder there is a bin of outdoor equipment to borrow at lunch time. There is a sign out sheet for this equipment. You are responsible for this equipment and you should be taking care of the items and bringing them back inside at the end of lunch. We have lost many items in the last 2 weeks. If items are not returned, we will no longer be able to loan this equipment out to students.

What is Mindful Monday? It doesn’t matter what you have done or not done, said or not said, thought or not thought. Today, right now, you have positive qualities. Discovering them, acknowledging them, and embracing them are steps toward healthy self-esteem. Think about your positive attributes. Are you:

* A good listener
* Kind to animals
* Hardworking
* Loving
* Responsible
* Talented at a hobby
* Loyal
* Sincere
* Patient
* Let’s work hard to be the best person we can be. Have a Mindful Monday